



Dear Parents & Guardians,

This year we have managed to participate in the National Institute of Allied Arts Festival and we have begun competitive sports, with hopefully a return to normality after 2 years of various lockdown measures. In offering a holistic education, our co-curricular involvement is important as it offers a side of education that the academic side does not fully expose a child to and which I feel is significant. Here are some life lessons the participation in co-curricular activities offers your child:

- Commitment to goals
- Self-Discipline tough times don't last, tough people do
- Mental toughness push yourself to the limit; overcome adversity
- Teamwork sacrificing your personal gains for the good of the team
- Resilience not everything will go according to plan, learn to deal with it
- Goal setting
- Time management
- Dedication and perseverance
- Patience
- Respect
- Integrity
- Accountability
- Compassion
- Leadership

I am sure I have left out other attributes, but a look at these will emphasise why co-curricular involvement is also emphasised at Hillcrest schools. We seek the total development of our children.

1. ATS/CHISZ HEADS' CONFERENCE

This years' conference is being held in Victoria Falls and begins on Monday 16th May. I, together with Mr. Vickery, will therefore be away until 23rd May. The conference has always proven to be a hub of information and innovation with a number of renowned speakers in attendance. We look forward to returning with ideas to help us continue to progress and improve the schools. Acting in our absence will be Mr. Chipato at the College and Mr. Nyakudzuka at the Prep School.

2. ACADEMICS

• Form 4 Agriculture Trip

The Form 4 Agriculture students will have an educational trip to Claremont Orchards next week on Thursday 19th. They will travel in the full school tracksuits, tackies and school caps. They will leave at 8.00am and will be back in time to go home.

• Form 4 Travel & Tourism Outing

The Form 4 Travel & Tourism Class will have an outing at Holiday Inn, Mutare on Wednesday 18th May. They will depart the school at 10.15am and should be back at school at 2.00pm. We kindly ask that each student brings US\$10.00 for lunch that will be served at Holiday Inn. All the students should come dressed in their Number 1 Uniform.

3. SPORT

• Results

The Girls' Hockey Teams played against Arundel on Saturday 7th May, 2022. The results were as follows;

- U14 Team Drew 2 2
- U15 Team Drew 3 3
- U16 Team Lost 0 3
- 1st Team Lost 0 4

• Fixtures

Hockey

Match -	All the Boys' Teams are playing against Watershed this afternoon at Watershed.
Trials -	The U16 & 1 st Teams will attend and participate in the Hockey MCD Trials being
	held at Peterhouse on Saturday, 15 th May.

Rugby

- Match All the teams will play against Watershed on Saturday 14th May at Watershed. Trials - The U17 & U18 Teams will attend and participate in the Rugby MCD Trials being
 - held at Peterhouse on Sunday 15th May.

4. CULTURE

Mothers' Day Tea

I would like to thank the Interact & Leo Clubs who put together a Tea Party for the ladies at Hillcrest College yesterday afternoon. I am sure the ladies enjoyed themselves as they took some time out to be pampered.

• Interact Civvies

The school had an Interact Civvies day today. Funds raised today will go towards the purchasing of groceries and kitchen utensils for the Jairos Jiri Rehabilitation Centre in Rusape. Next term the club will raise more funds to help the Daisy Dube Children's Home at Mt Selinda Hospital in Chipinge. We will be asking for donations, in kind, of clothing, groceries and kitchen utensils at the beginning of 3rd Term from our students.

• Mental Health Awareness Week

Leo Club will be running with the campaign which begins on Monday 16th May. A Highlight on mental health awareness will be made every day next week.

5. THE WEEK AHEAD

Please find accompanying this letter the Week Ahead.

Do have a restful and happy weekend.

Kind regards,

O. fenderder.

ORLANDO FERNANDES PRINCIPAL – HILLCREST SCHOOLS